

NEW

Camping Seminars

Adventure Theater
March 21-24, 2024
Mountain America Expo Center
Sandy, UT



Abby Adams (<https://www.instagram.com/abby.outdoors/>). Born and raised in Georgia, Abby moved to Utah to attend BYU, majoring in Wildlife Conservation. After school, she worked for the Forest Service and as a teacher. She lives in Ogden with her husband, two little boys and two dogs...hiking, camping, backpacking, and traveling. Her two seminars are:

1. Tips for a Perfect Weekend Camping Trip: Looking to plan the perfect camping trip? Join Abby as she discusses the best way to find a campsite, what camping gear to pack, and how to keep meals simple. **2. Family Camping – How to Choose the Best Gear:** Choosing the right camping gear as an adult is one thing, but packing camping gear for kids is another story! Join Abby as she shares her favorite camping items for the whole family.



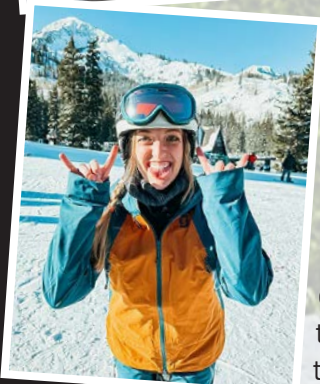
Rebecca Hrabar (<https://www.instagram.com/utahfamilytravels/>). An outdoor enthusiast, Becca adventures around the state (and country) with her family. "We road-trip, hike, kayak and explore through our beautiful state parks, national parks, mountains and more!" Her two seminars are:

1. Outdoor Alternatives to Tent Camping: Not sure if camping is for you, or to stay in a yurt, dome, glamping tent or RV? Join Becca to learn about some of her favorite ways to be outdoors in Utah. **2. Where to Stay in Utah's Outdoors:** Hoping to conquer the mighty five this year? Let Becca help you find the best places to stay and camp in and near Utah's incredible National Parks.



Lexi Jones (<https://www.instagram.com/trailgirlfriend/>). As a proud Utah local and international law attorney, Lexi follows the mantra, "Life is better outside." She started camping frequently when she became an adult and has since camped all over the state. By the time her kids were ages two and four, they had hiked over 200 trails together! Her seminars are:

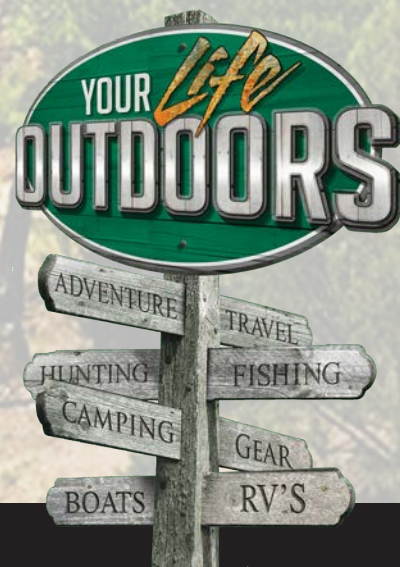
1. Camping with Kids – Where, When, and How: Looking for a magical experience with your kids? Utah offers endless opportunities for families. Whether first-timer or avid camper, Lexi will help you make unforgettable memories with your kids. **2. Your Guide to Utah's Different Kinds of Camping:** Utah offers some of the world's most geographically diverse camping areas: plateaus of red rock, lush alpine meadows and evergreen forests—for all ages in all seasons.



Laura Titensor (<https://www.instagram.com/solscriptstudio/>).

A native Utahn, Laura works as a filmmaker, photographer, mentor, podcaster and the lead behind the non-profit [Crayons and Cairns](#). She also skis and hikes and camps with her three girls. Her family spends a month each year living in a foreign destination (Costa Rica, last time). We're proud to present Laura's important seminar:

The Best Way to Raise Resilient Kids—the Outdoors! "The rising generation is typically not encouraged to have experiences that push their limits. But if kids are challenged when exploring the outdoors, those experiences develop resiliency, perseverance and problem-solving skills that apply to their everyday lives," says Laura.



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